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2016 Jail Best Practices Award - Official Entry Form

This form must be attached to all entries. Entrants must complete all sections for the entry to be considered complete. [A PDF copy of this official entry is available electronically on the website.](#)

To attach your documentation, click on the **Attach File** prior to submitting your entry. More instructions are below.

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County Class *	Sixth Class
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Project Information

Project Title	Carbon County Jail to Community Treatment Program
Project Start Date	01-01-2015

Each application must be submitted with two signatures. Complete the appropriate signatures on two of the lines below. By signing electronically, you are acknowledging the verification of said signatures.

Chair of the Board of County Commissioners	<i>Ways E. Rothstein</i>
Chair of the county Prison Board	<i>Anthony C. Harvill</i>
County Chief Executive Office	

If you want to print this entry, click **Print this page** below BEFORE submitting your entry. Remember to **email** supporting documentation by clicking the "Email My Attachments" below. We recommend supporting documents are in PDF format.

Email My Attachments

Cancel

Program Narrative

A separate program narrative document must be attached to this form that answers the following questions in the order presented. This must be typed in a Word-document, Times New Roman, 10-point type.

- **Need:** a description of the identified need and the background including what programs were in place before the current project, if any, and how it led to this effort
- **Program/policies:** a description of how the project enhanced general operations programs/policies, treatment, and custody
- **Approach:** a description of the project, including any evidenced-based approaches to jail diversion, community involvement strategies, formation of stakeholder groups, county-wide planning strategies, etc.
- **Evaluation:** a brief description of how the project was evaluated and any lessons learned
- **Stakeholders:** a brief description of the community, including a description of key stakeholders, organizations, and county departments that were involved in the project
- **Processes:** a description of how the activities or processes utilized in this project were altered or will be continued based on experience, including plans for leveraging additional resources
- **Costs:** a description of any costs associated with the project and how it was funded; cost savings, if any and any change in community acceptance, reductions in insurance costs, or inspection improvements that resulted from the program

Scoring will be based on the elements as described above.

Please attach supporting documents, forms or other information that support the award entry. **Entries must be received by close of business on February 12, 2016. Winners will be announced during the CCAP Spring Conference, March 13 - 16 2016. More information: Brinda Carroll Penyak, bpenyak@pacounties.org or (717) 526-1010.**

2016 Jail Best Practices Award

Need:

Carbon County, as many other counties, has been experiencing an increased volume of individuals in the criminal justice system who have addiction problems. This is in direct correlation to the opiate epidemic being experienced across the Commonwealth. Over fifty percent of the individuals served through the Functional Treatment Unit of the Carbon Monroe Pike Drug and Alcohol Commission, Single County Authority are involved in the criminal justice system. Due to the nature of their addiction many of these individuals continue to commit crimes to support their daily use of substances. The recidivism rate into the jails is taxing on all systems involved causing overcrowding in the jails and backing up the Outpatient Treatment Office for re-assessments of these individuals who often canceled appointments and were discharged negatively from services. Prior to January 2015 there were no treatment services in the Carbon County Correctional Facility. There is a need to provide drug and alcohol treatment services to these individuals without interruption in order to achieve the best possible outcome for the individuals and the system on a whole.

Program/Policies:

As an extension of the existing treatment license we were able to place a Master level therapist at the jail full time to provide Outpatient and Intensive Outpatient to incarcerated males and females. A full level of care assessment is completed on each inmate utilizing the PCPC. A chart is maintained on each individual containing all elements required by DDAP licensing in regards to documentation, treatment planning, case consultation, and discharge planning. The charts are stored at our licensed office and transported confidentially on a daily basis. Confidentiality laws are maintained in all correspondence with the Carbon County Correctional Facility and criminal justice system. Based on changes in the DUI sentencing guidelines the counselor is also able to accommodate assessments needed prior to sentencing on a DUI charge after the CRN evaluation is completed by another staff member at the jail. In addition, the counselor can coordinate cases for our MA jail pilot program to have our Case Management Supervisor assess and work with the local County Assistance Office to determine MA eligibility and referral to inpatient rehabilitation when necessary.

Approach:

The approach is to provide uninterrupted drug and alcohol treatment services between our community based outpatient office and the Carbon County Correctional Facility. The goal is to increase utilization of these services while inmates are incarcerated and provide a smooth transition back into the community through a direct referral for aftercare at the community based location. The aftercare includes both ongoing counseling and Recovery Support Services offered through a peer role. The end goal is to reduce recidivism back into the Carbon County Correctional Facility. In addition when an individual in the community based outpatient receives sentencing that requires the person to do time at the correctional facility the chart can be taken by the counselor at the jail with no interruption. This allows the individual to continue where they have left off rather than starting the process all over. This process in the past became repetitive for the individual and rapport needed to be re- built giving the perception to the individual that the provider was more worried about the paperwork than their needs. Therapies utilized in counseling include Cognitive Behavioral Therapy, Relapse Prevention, and Motivational Interviewing. In addition during 2015 we have participated in the formation of the Integrated Jail Team to include the counselor, the MHDS Forensic Case Manager, and the medical/psychiatric provider at the jail to better coordinate cases and improve outcomes for inmates.

Evaluation:

In the first year of the program, January 1, 2015 to December 31, 2015 there were 77 active unique cases in Outpatient or Intensive Outpatient in the jail setting. There were 37 females seen at the Outpatient level of care, and 40 males seen at the Outpatient and Intensive Outpatient level of care. Over 70% of the clients in the jail treatment program identified their drug of choice as opiates. This is in comparison to the just over 50% in the community based outpatient program for the same time frame. There have been a total of 97 assessments completed including those done as part of DUI sentencing requirements. Twenty clients have transferred from our community based outpatient to the program at the Carbon County Correctional Facility and 47 clients transferred from the correctional facility to the community based office. Of those who have transferred from the correctional facility 48% are either still active in treatment or have completed their aftercare. Based on the number of individual, group, and assessment units provided at the Carbon County Correctional Facility for the year the fee for service cost would have been \$123,555. The actual cost paid by Carbon County for these services was \$54,000. Funding for this project will be explained below in the costs section. We are also beginning to collect statistics on outcome measures to see improvements to significant life areas including employment, housing, recovery activity involvement, and further legal offenses for those individuals who transition from the jail to the community program and complete their treatment episode. For the current year we will continue to analyze how we can increase the number of clients following through with services in the community to increase the percentage and set a benchmark as part of our quality management process. There is currently a waiting list to get into the treatment services at the Carbon County Correctional Facility of about 20 inmates and increased funding to enable a second position would be a future goal, as well as a way to provide case management services as part of re-entry into the community.

Stakeholders:

This project impacts many different groups within the criminal justice and human services entities. From its inception there has been support by the Carbon County Commissioners, Prison Board, and the Criminal Justice Advisory Board. It has been crucial to have the support of the Warden and staff at the correctional facility to coordinate the appointments with the inmates. Working together with the Mental Health forensic Case Manager on cases of dually diagnosed individuals has improved the chances for success for those dealing with multiple issues. As mentioned previously, the Integrated Team approach with mental health and the medical/psychiatric provider has allowed for regular collaboration on cases. Our recently formed Carbon County Re-entry Coalition is currently developing a Strategic Plan which will impact individuals in this program. Collaboration with the court system has increased to provide the assessments as part of the DUI sentencing guidelines to not back up the court system. Developing a screening tool utilized by Adult Probation to make referrals and utilize the MA jail pilot to place individuals in need of residential treatment has increased access to this level of care. Finally working with the local Carbon County Assistance Office to better coordinate eligibility for those leaving the Carbon County Correctional Facility so they may have access to the services which will lead to being the most successful post incarceration.

Processes:

The Carbon Monroe Pike Drug and Alcohol Commission regularly investigates sources of additional funding. In order to expand this project other funding sources are critical. The need to collect ongoing statistics and set benchmarks for quality improvement are necessary. Now that one year has been completed a baseline will be established and our Quality Manager will begin to measure outcomes. This will be part of our annual quality management plan and will be reported on at our Quality Assurance meetings and board meetings. The supervisor of the program meets weekly with the counselor to discuss ideas for improvement and growth and will report findings from our Quality Manager.

Costs:

The cost of this program is funded through a contract with Carbon County. The funds are taken from the Carbon County Correctional Facility Commissary Fund. The total cost of the program is \$54,000. This amount is paid each month as one twelfth of the total. The amount was calculated on a cost reimbursement rate for the counselor's salary, benefits, travel, equipment, and supervision. As noted above the fee for service billing from January thru December 31, 2015 totaled \$123,555. This is a savings to the county, the SCA, and Medical Assistance by providing treatment this way. The utilization rate is over 90% as few appointments are missed in comparison to those appointments within the community where there is the ability to cancel dragging out the process and leading to more negative discharges. Continuity of services and building rapport is much stronger when an individual consistently attends sessions and becomes vested in the process of recovery without outside distractions and negative influences.